



COAST MENTAL HEALTH PRESENTS THE

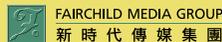
Courage To Come Back Awards Gala

MAY 8, 2014

VANCOUVER CONVENTION CENTRE



Thank you to our sponsors
whose support has helped make the
2014 Courage To Come Back Awards possible.
We couldn't do it without you.



GARDEN PARTY FLOWERS

Welcome

to the 2014 Courage To Come Back Awards

Tonight, we celebrate six British Columbians who inspire their friends, colleagues and community.

The 2014 Courage Award recipients are people who have demonstrated extraordinary character in facing challenges that most of us can't even imagine.

Through the most trying of circumstances: abuse, injury, addiction, illness, all types of adversity, these six remarkable individuals found the strength to rise again...overcome...and triumph.

Each was nominated by friends, colleagues and family who find inspiration in their daily examples of persistence and strength. Each was recognized by our volunteer panels as deserving of a Courage Award.

We are deeply grateful to these recipients who are here tonight to share their stories, and we are moved and inspired by the bravery that they have shown in their lives.

We know you will be, too.

Lorne Segal, *Chair,*
Courage To Come Back Awards

Britt Andersen, *Chief Executive Officer,*
Coast Mental Health Foundation



A Message from the Premier

As Premier of the Province of British Columbia, I am honoured to join with the Coast Mental Health Foundation in welcoming everyone to the 16th Annual Courage To Come Back Awards Gala.

This is such a great way to recognize a group of outstanding individuals who found the courage, determination, and confidence to overcome tremendous adversity. It is remarkable that despite the challenges these recipients have faced, they have worked hard and become impressive role models to others.

I want to extend my sincere thanks not only to the event organizers and sponsors for making this event an annual success, but also to everyone contributing to and supporting the good work of Coast Mental Health.

Please accept my best wishes for a wonderful evening and congratulations once again to tonight's honourees.

Sincerely,

*Christy Clark
Premier*

May 2014



Mayor Gregor Robertson
Le maire Gregor Robertson
羅品信市長
ᐱᐅᐅᐅ ᐅᐅᐅᐅᐅ, ᐱᐅᐅᐅ
Fungong Bayan Gregor Robertson

ᐱᐅᐅᐅ ᐅᐅᐅᐅᐅᐅ, ᐱᐅᐅᐅᐅ, ᐱᐅᐅᐅᐅᐅᐅ ᐅᐅᐅᐅ ᐅᐅᐅᐅᐅᐅ ᐅᐅᐅᐅᐅᐅ
We watch over the land and sea and in turn they watch over us.

May 8, 2014

A Message from the Mayor

On behalf of my colleagues on Vancouver City Council and the citizens of Vancouver, I am pleased to extend my best wishes to the Coast Mental Health Foundation's 2014 Courage To Come Back Awards Dinner.

The Courage To Come Back Awards are a great testament of what the human spirit can overcome when given the tools and the opportunity. Tonight's stories are not only inspiring but a true vision of what we as human beings can achieve when faced with adversity. The Coast Mental Health Foundation works tirelessly in increasing public understanding of mental illness and breaking down the barriers associated with it. The Courage to Come Back Awards allow us to acknowledge the "stars" among us.

Congratulations to all of the recipients and my best wishes for a wonderful evening.

Yours truly,

Gregor Robertson
MAYOR

604.875.7621 604.875.7685 @gregor.robertson@vancouver.ca vancouver.ca

Office of the Mayor, City of Vancouver, 455 West 12th Avenue, Vancouver, British Columbia, Canada V5Y 1V6

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“The 2014 Courage To Come Back Award recipients are an amazing group. These six remarkable people have inspired me personally, and I know by the end of this evening’s celebration, everyone here will be just as uplifted, moved and motivated as I have been by their courage.”

Lorne Segal

*Chair, Courage To Come Back Awards
President, Kingswood Properties Ltd.
Director, Kingswood Capital Corporation*



Coast Mental Health is forever grateful to Mr. Lorne Segal for his guidance and leadership as Chair, in this our eighth successful year together.

2014 Recipient

MENTAL HEALTH

At age 87, Jackie Hooper's colourful and hardworking life has yielded some impressive stories. Among the most uplifting are the tales of triumph stemming from her lifelong fight with severe depression.

Raised by a single mother during the 1930s, Jackie started work early in life to help make ends meet. As a pre-teen she bought a used rowboat to tow stray logs out of False Creek for salvage money. During WWII, she lied about her age so she could join the Canadian Women's Army Corps. In that role, she transported wounded returning servicemen to their homes throughout Nova Scotia.

Later on, while holding down a full-time job and completing her pilot's license training, Jackie earned her first university degree. Even when her husband was diagnosed with cancer, Jackie was stoic, remaining strong in the face of disease, and supporting her two young sons - all the while completing a second university degree.

Sadly, Jackie's marriage faltered around the same time that she lost her job after being betrayed by a close friend. One of her sons joined a gang and the combined weight of adversity and stress plunged Jackie into depression and led to one of several hospitalizations for psychiatric treatment.

Ever determined, and despite her illness, Jackie completed a third degree: a Masters of Social Work. With a deep understanding of depression and her personal insight into the challenges of being a psychiatric patient, Jackie sought to find solutions for people dealing with mental illness.

Determined to replicate the peace she had experienced in psychiatric inpatient units, Jackie decided to develop a supportive housing model for people with mental illness.

She drew together like-minded organizations like Coast Mental Health, and volunteers, and created the first of its kind: a staffed apartment building for people to live on their own.

The Hooper Apartments was the first of its kind: supportive housing for people with mental illness. Still operating today, this facility is a safe haven for many, and the realization of Jackie's vision.



**Jackie
Hooper**

2014 Recipient

ADDICTION

Helping at-risk youth is often more effective when the person giving advice has firsthand knowledge of what it means to live a troubled life. Joe Calendino is a very effective youth mentor. Formerly a gang member and addicted to drugs, alcohol and vice, Joe is now clean and sober, his life turned around.

Once a successful businessman with a family and children, Joe was introduced to a motorcycle gang by a former acquaintance. His life quickly devolved into full time drug use, crime and violence. He became addicted to cocaine and oxycontin - using the drugs every day on top of his heavy drinking. When Joe hit rock bottom, he was 50 pounds underweight - his drug use was out of control.

After multiple overdoses and attempts to get clean, Joe was eventually arrested for selling crack to an undercover police officer. Little did he know at the time, the arrest would spark his recovery.

With the support of a police officer he knew in high school, Joe was able to get clean.

Under strict guidelines and supervision, Joe was invited to begin sharing his story with at-risk students. His message was so well received, Joe started his own organization that teaches self-esteem and self-discipline exercises to youth.

Today, he shares his wisdom in school seminars throughout the Lower Mainland, works with youth to help them avoid the perils of drugs and gangs, and teaches martial arts as a pathway to building strength and confidence. Now, Joe travels throughout B.C. leading by example and sharing his straight talk with young people in need.



Joe Calendino

2014 Recipient

SOCIAL ADVERSITY

The eldest of five children, Brenda's early years were warped by violence and alcohol abuse. When she was 4, she was sexually assaulted. That same year, Brenda and her brothers and sisters watched their father brutally murder their mother. The children were put into foster care and Brenda was separated from all but one of her siblings. Her father drowned when she was 25 and his body never found. All 12 of her aunts and uncles met violent, alcohol-related deaths.

By 19, Brenda had moved to Saskatchewan and married a young farmer. They had five children together and worked hard on the farm but ten years into their relationship, he too became abusive.

Initially, Brenda didn't give up on her marriage. To provide for her children, she continued farming and sold her own artisanal jewelry. But at 39, meager savings in hand, Brenda had had enough. She fled home to Smithers to start a new life for herself and her children.

After graduating from college, Brenda became the Nazko First Nation's band manager, where she began championing sobriety and violence awareness. She organized restorative justice circles, arranged camps for Elders and children, and stood up for those facing discrimination.

Today at the North Cariboo Aboriginal Family Program Society, she cares for Elders and passionately advocates for their betterment. Brenda started Warrior Woman Consulting, where First Nation women are empowered to leave violent situations. Outside of work, she volunteers with Big Brothers Big Sisters, the Heart and Stroke Foundation, the Cariboo Chilcotin Aboriginal Training Employment Centre and other groups.

Leading by example and sharing her personal story, Brenda signals to everyone around her that with determination and strength we can all rise above, no matter what adversity we might face.



**Brenda
Gardiner**

2014 Recipient

MEDICAL

Paul Caune has serious physical challenges but they haven't stopped him from being a human rights leader who inspires others.

Born with muscular dystrophy which limits the use of his limbs, and reliant on a wheelchair and ventilator, Paul's life has been complicated: in addition to dealing with near-blindness in one eye, he has suffered broken bones requiring surgery and, in his early 30s, he underwent a severe depression.

At almost 40, Paul's life began to change. After spending six months in hospital, he wanted to return to his former home. But with a shortage of spaces available in group homes, health authorities had been forced to give away his room and arranged for his transfer to a long-term care hospital for people with severe disabilities.

Paul balked. He refused to transfer to the hospital. The police were called, and authorities threatened to have him physically removed. Realizing that losing one battle wasn't losing the war, Paul agreed to be sent to the hospital and vowed to continue his protest.

More than two years later, Paul finally left the hospital and moved into his own apartment. He now lives in a Vancouver Resource Society apartment near Burnaby's Central Park, a bright, airy and modern suite equipped with wheelchair-friendly doorways and other accessibility features.

In his drive to help others maintain their own civil rights, Paul shares his strength of will as Executive Director of Civil Rights Now! The organization advocates for changes to provincial legislation that, they believe, will provide greater protection for the civil liberties of disabled citizens of BC, and Paul continues to be an inspiration to everyone he helps.

A portrait of Paul Caune, a man with glasses and a red button-down shirt. He is wearing a white neck brace and a yellow corrugated ventilator tube. A circular sticker on his shirt reads "Think Twice".

**Paul
Caune**

2014 Recipient

PHYSICAL REHABILITATION

Kris Stanbra was a fun-loving, athletic child with a strong competitive drive. She excelled in volleyball and grass hockey, achieving athletic awards in both sports. In adulthood, she played hockey and fastball, and was a popular player in the community.

In 1978, Kris married the love of her life, Larry. Life was good. The fairy tale was dramatically altered, however, when their car was run off the road and Kris was thrown more than 40 feet from the vehicle. The impact changed everything.

After surgery, Kris was told she would never walk again nor would she and Larry ever become parents. They were both tremendous blows. Transferred to a spinal cord unit, she underwent weeks of excruciating pain until a medication change and move to a specialized bed gave her some relief.

Then, Kris found she could move one toe! At that moment, she decided to face the future head on, seek positive options, and proceed with her old fighting spirit.

Months of painful rehabilitation followed but Kris was up to the task. Despite facing numerous complications, including blood clots, she returned home to Castlegar, her resolve to overcome unwavering.

First, she became less dependent on her wheelchair, then she began to walk with a cane. And the biggest surprise of all? She and Larry were blessed with two sons, Clarke and Cole, now her greatest joys, along with her service dog, Bella.

After working toward her own recovery, Kris became a powerful advocate for people with disabilities. She volunteers extensively and works with community leaders to help improve accessibility in Castlegar.

Having overcome serious injuries and health challenges, Kris has proven herself to be an uncontestable champion with an unstoppable zest for life.



**Kristine
Stanbra**

2014 Recipient

YOUTH

A series of traumatic events wreaked havoc on Kennedy Baker's young life and mental wellness. Instead of succumbing to her travails, however, Kennedy bravely confronted them and has emerged stronger than ever.

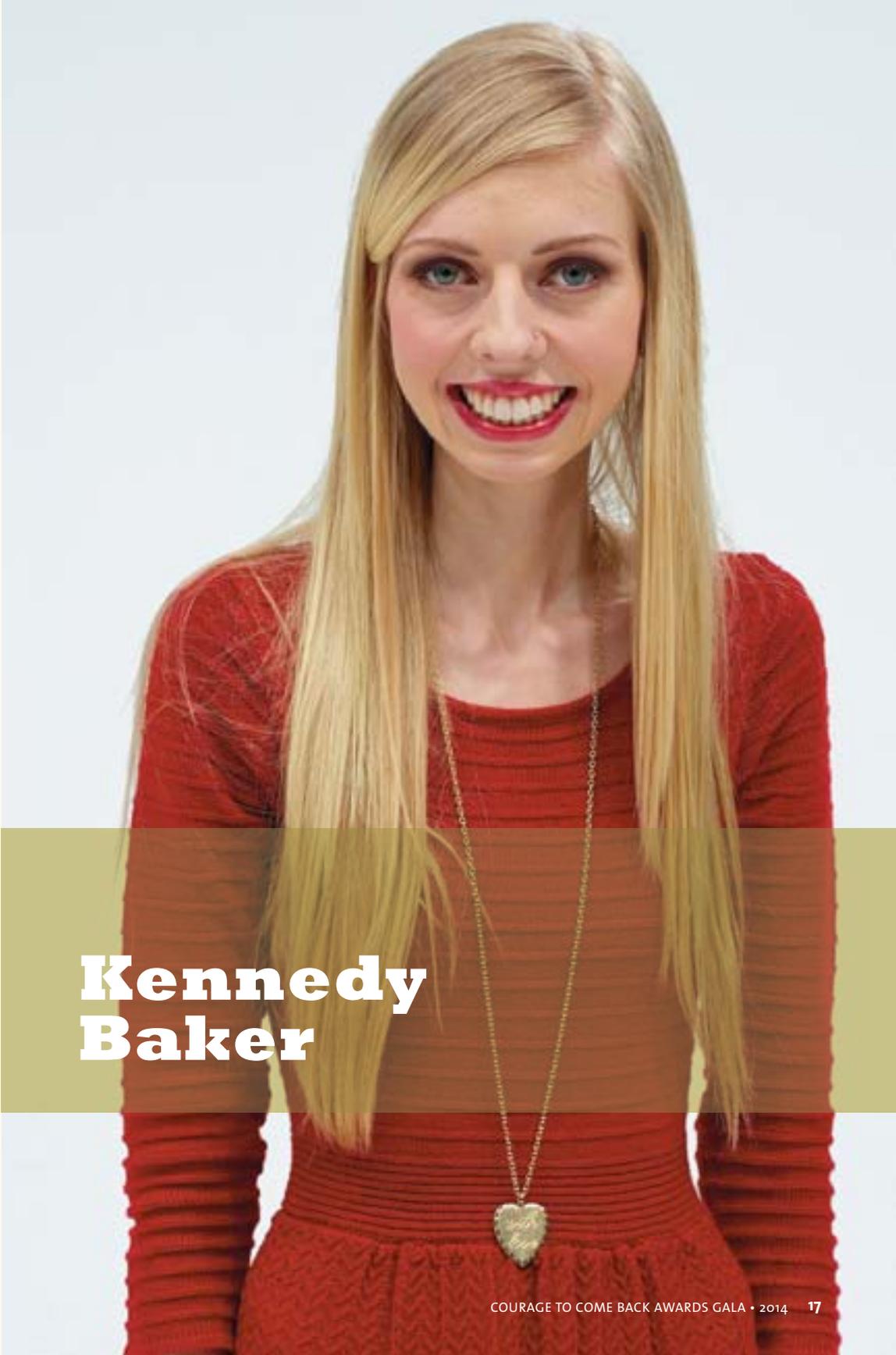
It started in 2010, Kennedy's mom was brutally assaulted. Shortly after, doctors discovered lumps in her breasts that required surgical removal. She was just 15 years old.

Following her surgery, Kennedy was jogging when a man pulled up beside her in a van, rolled down his window and shot a gun at her. No one was ever indicted for this senseless crime. A week later, she found out that her estranged father had passed away from alcohol abuse. The combination of events left Kennedy grief-stricken, confused and severely mentally distressed.

Weighing just 90 lbs despite her 5'8" stature, Kennedy was admitted to hospital. Initially, doctors presumed she had developed an eating disorder. After a three-month stay, however, Kennedy was diagnosed with Generalized Anxiety Disorder and Post Traumatic Stress Disorder.

Back on her feet following treatment, Kennedy returned to high school. As she tried to regain her former life, however, she faced social isolation, stigma and bullying from her peers. Despite all this, she persevered, academically and otherwise, consistently earning rank on the Principal's List.

Throughout her struggles and to this day, Kennedy has generously volunteered her time for many organizations, including STAND, a nonprofit for social change she created. Today, her goal is to address poverty and homelessness in and around her community where she continues to bravely share her story and inspire those around her.

A portrait of Kennedy Baker, a young woman with long, straight blonde hair and blue eyes, smiling warmly. She is wearing a red, long-sleeved, ribbed top and a long, thin gold chain necklace with a heart-shaped pendant. The background is a plain, light color.

Kennedy Baker

**“Together,
we make
a difference.”**

Selection Panels

ADDICTION PANEL

Alison Branco, *Cadillac Fairview*
Dr. Alister Browne
Ellen Cmolik, *Cmolik Foundation*
Becky Doherty, *Fraser Health*
Janine Harriman, *Scotiabank*
Julie McRitchie, *Global BC*
Vanessa Noga, *RBC Financial*

MEDICAL PANEL

Dr. Graham Bryce M.D. *FRCS*
Gail Burak, *BC Housing*
Karen Draganiuk, *AeroInfo*
Sylvia Gellisen, *Intact Financial Corporation*
Susanne Kingshott, *Scotiabank*
Rory North, *North Growth Management Ltd.*
Jill Thomas, *KPMG*

MENTAL HEALTH PANEL

Kaitlin Dalton Gibson, *Coast Mental Health Resource Centre*
Darcy Hausselman
Ann Nikitiuk, *Whitecaps FC*
Peter Jackman
Brenda Jamer, *SFU Centre for the Study of Gender, Social Inequities & Mental Health*
Kristie Kent, *Four Seasons Hotel Vancouver*
Vera LeFranc, *Vancity Community Foundation*
Kirk McLardie, *Scotiabank*
Don Stuckert, *BC Hydro*

PHYSICAL REHABILITATION PANEL

Dr. Gayla DeHart, *Nurse Next Door Home Care Services*
Heather Jones
Cat Lowe, *Thrive Kinetics*
Pamela Mitchell, *The Wolrige Foundation*
John Moonen
Bill Steele
Derek Strong, *Roynat*

SOCIAL ADVERSITY PANEL

Gary Ahlquist, *Wildlife Thrift Store*
Stephanie Boisset, *96.9 Jack FM, News 1130, SONiC*
Cst. Sandra Glendinning, *Vancouver Police Department*
Amanda Goodman Lee, *The Vancouver Sun / The Province*
Chuck Keeling, *Great Canadian Gaming Corporation*
Grace Kim, *Scotiabank*
Sandy Rodgers, *Ministry of Social Development*

YOUTH PANEL

Kea Barker, *Teck*
Dee Gill, *Early Psychosis Intervention Program, Vancouver Coastal Health*
Larry Kean, *Scotiabank*
Wendy Lachance, *Coast Capital Savings*
Mike Maslenki, *CTV British Columbia*
Josephine Nadel, *Owen Bird Law Corporation*
Lynn Zanatta, *Global Civic*

FINAL SELECTION PANEL

David Aisenstat, *The Keg Steakhouse & Bar*
Tali'ah Aquilini
Howard Blank, *Honour House Society*
Sylvia Bosa, *Bosa Properties/BlueSky Foundation*
Kenton Boston, *Global Television*
Terri Connelly, *Great-West Life Assurance*
Carolyn Cross, *Ondine Biomedical*
Lara Dauphinee, *Fiore Group*
Joan Ford
Donna Freeman, *BC Housing*
Mario Furlan, *Canadian Western Bank*
Brian Kerzner, *Rocky Mountain Chocolate*
Winnie Leong, *Scotiabank*
Wayne Moriarty, *The Province*
Houtan Rafii, *Beedie Living*
Marcia Smith, *Teck Resources, Ltd.*
Margaret Thompson, *Djavad Mowafaghian Foundation*
Tracey Wade, *Wade Capital*

Directors

COURAGE EXECUTIVE TEAM

Lorne Segal, *Chair*
Britt Andersen, *Chief Executive Officer, Coast Mental Health Foundation*
Renay Bajkay, *Nominations Chair*
Shirley Broadfoot, *Founding Chair*
Darrell Burnham, *Executive Director, Coast Foundation Society*
Catherine Lau, *Tickets & Donations Coordinator*
Kira Levy, *Courage Awards Coordinator, Forté Event Management*
Val Mayne, *Volunteer Coordinator*
Nic Rivela, *Recipient Coordinator*
Patricia Wiggins, *Events & Development Officer, Coast Mental Health Foundation*

COAST FOUNDATION BOARD OF DIRECTORS

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Michael Burton Brown	Leonard Schein
Jennifer Clarke	Graham Stanley
Winton Derby, <i>QC</i>	Bill Steele
Sandra Larter	Susan Thom, <i>ABC</i>
Elaine Reynolds, <i>QC</i>	Janai York

COAST FOUNDATION SOCIETY BOARD OF DIRECTORS

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Michael Faithfull	Robert McLeod
Susanne Haine	Margaret Perry
Kathleen Kennedy-Strath	Byron Thom
Kathy Kinloch	Debra Thomas
	Catherine Wiggins

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Peter Dueck	Otto Toews
Kirk Duncan	Catherine Wiggins
Brian Fraser	

CATEGORY PANEL AND FINAL SELECTION PANEL FACILITATORS

Emma Charman	Reyes Saura
Justin Hachlaf	Tracy Schonfeld
Whitney Koehle	Cathy Taylor
Marty Norgren	Patricia Wiggins
Rhonda Rector	Beata Zaleska
Nic Rivela	

SPECIAL THANKS

HOSTS:
Deborra Hope and Kevin Evans

PUBLIC AWARENESS:
Linda Aylesworth and Global BC,
The Province newspaper, News 1130,
TVW, Fairchild Magazine

CEREMONIAL TROOP:
Constable Adam Carmichael
Constable Mike Della-Paolera
Constable Jaison Kunnamkudath
Constable Chase Smith
“E” Division Ceremonial Troop, Royal Canadian Mounted Police

EVENT COORDINATION:
Forté Event Management

EVENT PHOTOGRAPHERS:
Richelle Akimow Photography,
Lisa King Photography

RECIPIENT PHOTOS:
Debra Stringfellow

PRINT DESIGN & PRODUCTION:
Randall Anthony Communications

VIGNETTE & EVENT PRODUCTION:
Infinity Filmed Entertainment Group

2014 Nominees

Jamie Nicholas Aronetz,
Burnaby

Surjit Atwal, *Abbotsford*

Karen Aujla, *Surrey*

Michelle Babeuf, *Surrey*

Julie Bard, *Abbotsford*

Kathleen Barnard, *North Vancouver*

Rod Baron, *Surrey*

Natasha L. Bates, *Trail*

Agnes Beaulieu, *Surrey*

Dalannah Gail Bowen,
Vancouver

Jessica Brandt, *Fort Langley*

Ryan Brown, *Prince Rupert*

Theresa Cermak, *Burnaby*

George Chan, *Vancouver*

Marco Chorbajian, *Surrey*

Amelia Cooper, *Surrey*

Aaron Coret, *Vancouver*

Noah Cossenias, *Campbell River*

James Coulter, *Burnaby*

Denise Coutts, *Richmond*

Tracy Barbara Cullis,
Vancouver

Julian Edwards

Erin Emiru, *Vancouver*

Rob Engelquist, *New Westminster*

Joseph Figueroa, *Langley*

Jean-Pierre Forest, *Richmond*

Dan Fraser, *Abbotsford*

Sandra Gagnon, *Maple Ridge*

Kelley Gamblewest,
North Saanich

Matthew Garcia, *Surrey*

Charan Gill, *Surrey*

Kagan Goh, *Vancouver*

Angie Gomez, *Richmond*

John Gordon, *Burnaby*

Jacqueline Green, *Courtenay*

Jayne Hall, *White Rock*

Linda Harper, *Coquitlam*

John Hedderson, *Campbell River*

Mary Aline Hedley, *White Rock*

Cama Hot-Salja, *Kamloops*

Nicole Howard, *Chilliwack*

Vasile Howell, *North Vancouver*

Matthew Hughes,
Port Coquitlam

Jamika Ishikawa

Samantha Jackson, *Prince Rupert*

Leslie Jambor, *Pemberton*

Heather Ann Jarvis

Deborah Johnson, *Burnaby*

Elizabeth Johnson, *Langley*

Cory Kaldal, *Chilliwack*

Patricia Klassen,
Port Moody

Bryce Kowalsky, *Kamloops*

Joe Kushma, *Vancouver*

Leon Lai, *Vancouver*

Jordan Lea, *Vancouver*

Steven Lindsay,
Port Coquitlam

Douglas Locke, *Vancouver*

Leitizia Lorello, *Vancouver*

Debby Maloney, *Langley*

Jim Mandelin, *Vancouver*

Riley Martin, *Kelowna*

Zachary Mayo, *Victoria*

AnnMarie McCullough,
Bowen Island

Donald McIntyre, *Vancouver*

Jaylene McRae, *Vancouver*

Agnes McWhinnie, *North Vancouver*

Theresa Moleski, *Delta*

Jamie Motherall, *Maple Ridge*

Milena Nordwall,
North Vancouver

Norman Oldham, *Burnaby*

Nadia Olynyk, *Port Moody*

Gloria Onyeoziri-Miller,
Vancouver

Michael Oswald, *Sechelt*

Andrea Paquette, *Victoria*

Colette Parsons, *Vancouver*

Kim Patrick, *Coquitlam*

Eva Patten, *Prince George*

Dustin Paul, *Vancouver*

Natalie Pereman, *Squamish*

Matthew Piercy, *Vancouver*

Michelle Prystay, *Penticton*

Wendy Reece, *Surrey*

Richard Rehler, *Chilliwack*

Angela Rinaldis, *Vancouver*

Dennis Robertson, *Kamloops*

Erin Robertson, *Comox*

Wendy Robertson, *Surrey*

Norman Rolston, *Langley*

Debra Rooney, *Vancouver*

Lorelie Rozzano, *Nanaimo*

Jathinder Sandhu, *Delta*

Rory Shade, *Campbell River*

Nora Sinclair, *Vancouver*

Samantha Siu, *Richmond*

Michael Snider, *Vancouver*

Anna Solnickova, *Burnaby*

Jude Swanson, *Vancouver*

Darlene Thomas, *Fort St. John*

Carol Todd, *Port Coquitlam*

Shelley Trimblett, *Victoria*

Christine Tulloch, *Langley*

Miranda Tymoschuk,
Maple Ridge

Paul Underhill, *Victoria*

Tina Van Unen, *Port Alberni*

Anna Van Zelst,
West Vancouver

Dixie Lee Vance, *Surrey*

Richard Volk, *Smithers*

RayJay Wainman, *Vancouver*

Brian West, *New Westminster*

Thomas A. Williams,
Cumberland

Gerry Williamson, *Surrey*

Gloria Williamson,
Maple Ridge

Mark Willott, *Parksville*

Janice Wong

Michelle Pammenter Young,
Brackendale

Cheryl Young, *Aldergrove*

2014 Finalists

In 2014, we received over 150 nominations from 37 communities across British Columbia. 23 individuals were short-listed into the final round. We salute all of our Courage nominees, and thank them for allowing their stories to be submitted. Each of them is an inspiration.

Karen Aujla

Denise Coutts

Erin Emiru

Jean-Pierre Forest

John Hedderson

Vasile Howell

Elizabeth Johnson

Bryce Kowalsky

Steven Lindsay

Douglas Locke

AnnMarie

McCullough

Angela Rinaldis

Jathinder Sandhu

Rory Shade

Christine Tulloch

Miranda Tymoschuk

Paul Underhill

Geoff McMurchy, 2004

James Sanders, 2013

Merle Smith, 2007

Tina Suter, 1999

James Michael Sean

Waterlow, 2006

Mary Williams, 2001

SOCIAL ADVERSITY

Blanche Anderson, 2003

Pamela Andrews, 1999

Trisha Baptie, 2008

Myrna Cranmer, 2010

Carol Dauphinais, 2000

Kamal Dhillon, 2012

Freda Ens, 2001

Curtis Miller Joe, 2013

Leslie Nelson, 2007

Florence Rita Rickards, 2004

Yvonne Sutton-Fregin, 2002

Victoria Waters, 2011

Becki Wyer, 2009

INSPIRATIONAL ACHIEVEMENT

Halldor Bjarnason, 2005

Gladys Montgomery Evoy, 2006

YOUTH

Curtis Baldwinson, 2011

Hardeep Bath, 2003

Patrick Baynham, 2001

Jessica Brimacombe, 2009

Michael Childs, 2008

Stephanie David, 2004

Jeneece A. Edroff, 2006

Rebecka Hill, 2012

Kelsey Kilburn, 2002

Natalie Lachowicz, 2000

Lindsey Lourenco, 2013

Fahreen Mapara, 2010

Kaytee Tuomola, 2007

Emily White, 2005

SPECIAL COURAGE AWARD:

Samuel C. Sullivan, 2006

Past Recipients

ADDICTION

Hersh Abramson, 2007

Jade Bell, 2002

Jerome Bouvier, 2011

Helen Burnham, 2009

Rodney Fregin, 2004

Lora Johnston-Corbett, 2005

Randy H. Miller, 2006

Angie Lohr, 2012

Thea Meyer Cunningham, 2013

Fred Milne, 2001

Starr Peardon, 2010

Joe Roberts, 2003

Andre Spencer, 1999

Marlene Swift, 2008

Dorothy Ward, 2000

MEDICAL

Margaret M. Benson, 2012

Kimberly D. Black, 2006

Cheryl Brown, 2002

Graham Bryce, 2011

Melanie Carlbeck, 2005

Kristy Coueffin, 2001

Zosia Ettenberg, 2008

Lorne Kimber, 1999

Cindy G. Lee, 2013

John Morrison, 2007

Jacqueline Pope, 2003

Lori Slater, 2009

Cindy Thomsen, 2010

Karilyn Walker, 2000

Lori Wikdahl, 2004

MENTAL HEALTH

Punkaj Bhushan, 2002

Theresa Duggan, 2010

Andy Fiore, 2013

Donald Fraser, 2005

Mary Graham, 2004

Penny Keene, 2001

Sandra Yuen Mackay, 2012

Loy Anne McCuaig, 2007

Paul McGillicuddy, 2000

Renea Louise Mohammed, 2006

April Porter, 1999

Amanda Schell, 2011

Debbie Sesula, 2008

Jill Stainsby, 2003

Tina Tomashiro, 2009

PHYSICAL REHABILITATION

Mark Audio Ash, 2010

John Banovich, 2008

Sherry Caves, 2000

Michael Coss, 2012

Robb Dunfield, 2003

Vivian Garcia, 2009

Trevor Greene, 2011

Randy Herman, 2002

Johanna Johnson, 2005



At Coast, we help people overcome adversity every day.

In 2013 alone, our donors, sponsors and other caring organizations and individuals helped us deliver services that count:

40: Sites across the Lower Mainland

350+: Professional staff

1,000: Individuals in supportive housing

4,200: People assisted

340,000: Meals served

Our Centres of Excellence, Supportive housing, Transitional Employment and Education Assistance, Peer Support and Financial Trust Program encourage wellness and make our communities stronger.

Coast Mental Health Foundation
293 East 11th Avenue Vancouver, BC V5T 2C4
Phone 604-872-3502
cmhf@coastmentalhealth.com
coastmentalhealth.com



Thank you

for supporting the
2014 Courage To Come Back Awards



C O A S T

MENTAL HEALTH

**Proud Presenter
of the
Courage To Come Back
Awards**

coastmentalhealth.com